



## Salad lunch and gift instructions

### THE ART OF CARE-FULL PRACTICE SYMPOSIUM

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## **Salad lunch and gift instructions**

THE ART OF CARE-FULL PRACTICE SYMPOSIUM

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### **The Art of Care-full Practice Salad lunch and gift instructions**

We have provided you with bowls, lettuce, salad dressing, toppings, bread, chopping materials, cutlery, plates, soft drinks and cups.

\*

With the materials you have brought for lunch, negotiate with your group about what to include in the salad and how.

\*

You may want to continue the discussion on care. Nutritious food is a great invitation to converse.

\*

What is the relation between food and care?

\*

Enjoy the lunch you have created as a group.

\*

Sometime during the lunch, discuss how you want to pass on the gift or token of care you have brought.

\*

What is the relation between care, giving and receiving?

\*

The paper acting as table cloth is a document. Feel free to write anything you want on it.

\*

There is no need to conclude on anything, just to open up conversations.

## **About the authors**

This material was prepared by Laura Bissell, Laura González, Dee Heddon and Simon Murray, organisers of *The Art of Care-full Practice* symposium, which took place on 5 March 2017 at the University of Glasgow. This event was a collaboration between The Royal Conservatoire of Scotland, The Glasgow School of Art and the University of Glasgow, and was part of the inaugural *Take Me Somewhere* festival of contemporary performance that took place in various locations in Glasgow.